



## Kosher Foods in The Emergency Food Assistance Program

*This document is not intended to be an instruction on kosher dietary law. It is designed to provide a general overview of kosher dietary law, as it relates to foods regularly available through The Emergency Food Assistance Program.*

When serving communities through USDA’s The Emergency Food Assistance Program (TEFAP), it is important to consider a participant’s perspective on cultural and religious practices around food. Participants choosing to follow a kosher diet may not be able to take all items available through TEFAP.

### Kosher Diets

Kosher diets require a kosher certification on beef, poultry, fish and fish products, and other animal meats. With few exceptions that must be authorized by experts in kosher food requirements, kosher certification is also required on any product that has been processed and/or packaged. Kosher products will never contain both meat and dairy ingredients. Pork and shellfish products are not permitted in a kosher diet.



### Kosher Certified Foods

Some USDA foods are certified kosher by an established certifying authority, meaning the product has been processed in a facility that maintains the integrity of the kosher certification. These items are identified on the Foods Available List with a “(K)” next to the item name.

### Non-Certified Acceptable Kosher Foods

Other products on the [TEFAP Foods Available List](#), such as fresh produce, dry legumes, and eggs in their shells, may be acceptable to kosher-observant households without a kosher certification. It is important to work with leaders and experts in your local kosher-observant community to identify what non-certified items will be acceptable to your participants, as levels of observance may vary among communities.

### Kosher Foods in TEFAP

The table on the next page shows the items available through TEFAP that may be acceptable to kosher-observant households. The six-digit number included with each food is the material code used for ordering in Web-Based Supply Chain Management (WBSCM).

For more information and resources, please visit the [TEFAP website](#). If you need additional information about participating in TEFAP in your area, please reach out to your [State Agency](#).





# Food and Nutrition Service

U.S. DEPARTMENT OF AGRICULTURE

Kosher Certified	May Be Acceptable Without Certification
<b>FRUITS</b>	
Applesauce, Unsweetened, Canned (K) – 100207	Apples, Braeburn, Fresh – 100523
Pears, Extra Light Syrup, Canned (K) – 100223	Apples, Empire, Fresh – 100517
	Apples, Fuji, Fresh – 100522
	Apples, Gala, Fresh – 100521
	Apples, Granny Smith, Fresh – 110543
	Apples, Red Delicious, Fresh – 100514
	Apples, Fresh – 110561
	Oranges, Fresh – 100283
	Pears, Bartlett, Fresh – 111424
	Pears, Bosc, Fresh – 111423
	Pears, D’Anjou, Fresh – 111422
	Pears, Fresh – 110560
<b>VEGETABLES</b>	
Tomato Sauce, Low Sodium, Canned (K)(H) – 110610	Mixed Produce Box, Fresh – 111427
Beans, Green, Low Sodium, Canned (K) – 100306	Potatoes, Round, Fresh – 101019
Corn, Whole Kernel, No Salt Added, Canned (K) – 100311	Potatoes, Russet, Fresh – 101017
	Sweet Potatoes, Fresh – 111058
<b>LEGUMES</b>	
Beans, Garbanzo, Canned (K) – 111060	Beans, Black-eyed Pea, Dry – 100374
	Beans, Great Northern, Dry – 100380
	Beans, Kidney, Light Red, Dry – 100385
	Beans, Lima, Baby, Dry – 100378
	Beans, Pinto, Dry – 100382
	Lentils, Dry – 100388
	Peas, Green Split, Dry – 111055
<b>PROTEIN</b>	
Peanut Butter, Smooth (K) – 111170	Eggs, Fresh – 100936
Salmon, Pink, Canned (K) – 110580	
<i>For the below categories, please work with experts in your local kosher community to determine acceptability. Acceptability without certification may vary from community to community.</i>	
<b>GRAINS</b>	
	Flour, All Purpose, Enriched, Bleached – 100400
	Flour, White Whole Wheat – 110857
	Oats, Rolled, Quick Cooking – 111074
	Rice, Medium Grain – 100487, 100488
	Rice, Long Grain – 100491, 100492
<b>DAIRY</b>	
	Milk, 1%, Fresh – 111200, 111173
	Milk, Skim, Fresh – 111405, 111175