

WHY IS SNAP *important?*

2/3

of SNAP participants

are children, seniors, or
people with disabilities.



The Supplemental Nutrition Assistance Program helps 15% of Pennsylvanians access healthy food. Most of the people who use SNAP are children, seniors, or disabled. SNAP is effective at reducing hunger & is linked with long-term health benefits & favorable education outcomes.

WHY SHOULD I BE CONCERNED?

Lawmakers often want to cut SNAP in the name of “welfare reform.” SNAP provides 12 meals for every meal that food banks provide. The work that food banks do is important, but will never make up for a loss in SNAP benefits.

WHAT CAN I DO?

CONTACT YOUR LEGISLATORS AND TELL THEM NOT TO CUT SNAP!

Find your legislators contact information: live.cicerodata.com

Call the Capitol switchboard: [202-224-3121](tel:202-224-3121)

NEED HELP SIGNING UP FOR SNAP?